



Memo

To: Lambda Theta Nu Sorority, Inc. Membership
From: La Mesa Directiva
Date: April 09, 2020
Re: COVID-19 Statement

Dear Members,

On February 27, 2020, La Mesa Directiva sent its first memorandum regarding the rapidly escalating COVID-19 crisis. We have remained communicative with the membership sending multiple communications regarding precautionary measures for individual and community wellness in the wake of the pandemic. We continue to monitor all [governmental](#) and [non-governmental organization](#) (NGO) updates to best serve our membership.

As the COVID-19 crisis continues to evolve we hope that you and your loved ones continue to stay safe and healthy. We are experiencing difficult times and it is extremely important that we all continue to do our part by following all [CDC](#) precautions and continue practicing [social distancing](#). A majority of States have issued [shelter-in-place](#) orders and requests for face coverings to flatten the curve. Let us all do our best to protect the most vulnerable and the essential workers providing us with critical services during this time.

In an effort to provide further resources, La Mesa Directiva has launched (March 31, 2020) a COVID-19 Resource Support System. Regional Coordinators were organized and are volunteering their time to assist sisters in dire need of help or who are simply seeking moral support virtually during this unprecedented crisis. If you need support and would like to be connected with a Region Coordinator please fill out the "COVID-19 Resource Support" [form](#). These sisters are checking the response forms regularly and have local and state resources to provide, which will be most effective for immediate needs.

Lambda Theta Nu Sorority, Inc.

LambdaThetaNu.org



As a reminder, all Lambda Theta Nu activities and events that require face-to-face contact are temporarily suspended until further notice. This includes, but is not limited to, LYLC, chapter meetings, community service events, fundraisers, alumnae events, socials, educational processes, step-outs, sisterhood events, and performances. If you have questions about specific activities please escalate inquiries to the respective Director. The Board is now convening to finalize plans for functional excellence in the wake of a pandemic. We will be contacting our members, especially undergraduate leadership and alumnae advisors for assessment feedback. We are also meeting with campus stakeholders regarding any directives they have for their students, who are also our members, to ensure collaboration and compliance.

During this time of hardship, we ask that sisters unite more than ever and have grace towards each other. This pandemic has affected all sisters differently. We are all facing challenges adapting to this new normal. Though this time might be frustrating, please remember we have sisters and other loved ones who are essential workers and must still show up to work every day putting themselves in danger. The anxiety and fear can take a toll on one's emotional health and it is extremely important that we are supportive of each other. Reach out to one another to create a supportive virtual community.

For sisters who would like to help direct individuals, or seek additional resources for themselves or their families we recommend that you visit findhelp.org to find local resources near your area. La Mesa Directiva will continue to monitor the situation to keep the membership up to date. We wish all of our members and their families safety and health during this precarious time.

Nelson Mandela once said, "I learned that courage was not the absence of fear, but the triumph over it. The brave man is not he who does not feel afraid, but he who conquers that fear." This is a new normal but it will be ok. We can overcome this as a community. If you have additional resource lists, please reach out to Regional Coordinators or the Board so we can distribute them to sisters in need.

In Sisterhood,

La Mesa Directiva