



Contact:
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NALFO Responds to COVID-19 Concerns by Going Virtual for the Spring 2020 Business Meeting

The NALFO Executive Board discussed the COVID-19 situation and the upcoming Spring Business Meeting, originally scheduled to take place in Newark, NJ from May 29-May 30. After careful consideration for our member organizations and the overall health and well-being of our communities, we have decided to move forward with a virtual meeting rather than an in-person meeting. The meeting will be held on Saturday, May 30, 2020 beginning at 11 am Eastern Time. Registration details and full agenda will be made available to member organizations by the end of April.

Considering all efforts by our communities, municipalities and member organizations to address concerns around COVID-19 and contain its impact, the Executive Board felt that a move to a virtual format was in everyone's best interest. The Executive Board is concerned with the added stress that this health crisis has created for the headquarters of our predominantly volunteer driven member organizations. Eliminating the need for travel and having to be represented at an in-person meeting during uncertain times will help to alleviate some of these stressors.

The Executive Board also recognizes the economic impact that COVID-19 will have on our member organizations and our communities and is looking to reduce costs to pass that onto our members. Colleges and Universities around the country have shut down, sending students home or leaving some at the mercy of friends and neighbors for housing. Chapters have lost access to funding through their Colleges/Universities and fundraising events have been postponed or cancelled all together. Most of NALFO's member organizations have cancelled off-campus and graduate events in the interest of protecting their members and to comply with recent recommendations for banning gatherings of 10+ people. In addition to the economic impact on the organizations, there is an impact on the individual members of our community as jobs in several industries, housing, and access to food are being affected by quarantines, social distancing policies, and curfews.



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The NALFO leadership is concerned for our communities and will continue to monitor the developing situation around COVID-19 as well as collaborate with the leadership of our member organizations to ensure that our communities are supported through this crisis. We stand by the decisions made and precautions taken by the national headquarters of our member organizations in this difficult time. Below you can find a list of statements released by our member organizations in response to COVID-19 and learn firsthand what they are doing to protect members and the community at large. Information about these efforts will continue to be updated on www.nalfo.org as new developments arise.

COVID-19 Responses from Member Organizations' Leadership

Alpha Psi Lambda National, Inc.

- Official Statement: <https://www.alphapsilambda.net/coronavirus>

Chi Upsilon Sigma National Latin Sorority, Inc.

- Official Statement: <http://www.justbecus.org/coronavirus>

Gamma Phi Omega International Sorority, Inc.

- [Official Statement from ΓΦΩ](#)

Gamma Zeta Alpha Fraternity, Inc.

- Official Statement: <https://gammazeta.org/coronavirus>

Kappa Delta Chi Sorority, Inc.

- [Official Statement from KΔΧ](#)



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Latino America Unida Lambda Alpha Upsilon Fraternity, Inc.

COVID-19 A MESSAGE FROM OUR ORGANIZATION

In the midst of everything going on with the increased spread of COVID-19, our organization deems it necessary to speak on certain issues affecting our families, friends, and local communities.

While this is a troubling time for many of us, we cannot forget **common courtesy** and **respect**. Our fraternity strives to support each other personally, but this support extends to those around us as well.

While some reference COVID-19 as the "Chinese virus," it is not. We cannot place blame on one entire race, and doing so does not help find a cure or solution. **Racism, of any form, is unacceptable**; and being a bystander to racism is also unacceptable.

We urge all our hermanos (brothers), and anyone else reading this, to **speak up and support those around them**. There is no need for harm, hatred, or hostility towards others during a time like this.

Venceremos (we will overcome).

Prevent Respiratory Illness

Wash your hands often with soap and water.
If you don't have soap and water, use hand sanitizer that is at least 60% alcohol based.

Latino America Unida, Lambda Alpha Upsilon Fraternity, Inc.

Lambda Pi Upsilon Sorority, Latinas Poderosas Unidas, Inc.

LAMBDA PI UPSILON SORORITY, LATINAS PODEROSAS UNIDAS, INC.
'Empowered Women, Empower Women'

PROTECT YOURSELF FROM COVID-19
TIPS TO REDUCE RISK OF INFECTION

- Wash your hands often.
- Cover your mouth and nose when coughing or sneezing.
- Avoid touching your eyes, nose or mouth.
- If you're feeling sick, stay home.

FOR MORE INFORMATION: WWW.CDC.GOV/COVID19

MANAGING COVID-19 ANXIETY

For You:

- Lessen media/news exposure
- Connect with your family and friends through calls/texts/internet
- Dedicate time for self-care & stress relief
- Focus on your mental health

For students:

- Plan out your time for assignments and exams
- Make sure to take breaks and ask for extensions if necessary

For Kids:

- Reassure them that they're safe
- Talk to them about their worries
- Share how you cope
- Limit their news exposure
- Create a routine & structure

For families:

- Support and love each other
- Keep the family connected
- Encourage healthy habits

For Quarantine/Isolation

- Keep in contact with your loved ones while keeping your distance
- Follow a daily self-care routine
- Keep yourself busy: take on a new hobby, read a book, play games
- Focus on new relaxation techniques!

We hope you and your families stay safe! This too shall pass. ❤️

Lambda Sigma Upsilon Latino Fraternity, Inc.

- [Official Statement from ΛΣΥ](#)

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National Association of Latino Fraternal Organizations: 276 5th Avenue Suite 704, New York NY 10001



La Unidad Latina, Lambda Upsilon Lambda Fraternity, Inc.

HELP PREVENT THE SPREAD OF THE CORONA VIRUS: COVID-19

Wash Your Hands Often With Soap And Water

Avoid touching your eyes, nose, and mouth.

Cover your cough or sneeze with a tissue

Disinfect frequently touched objects and surfaces.

Avoid close contact with people who are sick.

Stay home if you are sick, except to get medical care.

What You Need To Know

NOVEL CORONAVIRUS

The COVID-19 is a new virus linked to the same family of viruses as SARS and some types of common cold.

HOW IT SPREADS ?

The virus is transmitted through direct contact with respiratory droplets of an infected person (generated through coughing and sneezing), and touching surfaces contaminated with the virus. The virus may survive on surfaces for several hours, but simple disinfectants can kill it.

SYMPTOMS

FEVER

COUGH

SHORTNESS OF BREATH

Omega Phi Beta Sorority, Incorporated

- [Official Statement from ΩΦΒ](#)

Phi Iota Alpha Fraternity, Inc.

PHI IOTA ALPHA
FRATERNITY, INC.

TIPS FOR PREVENTING THE SPREAD OF THE CORONAVIRUS DISEASE 2019 (COVID-19)

FOR MORE INFO VISIT [CDC.GOV/COVID19](https://www.cdc.gov/covid19)

<https://www.instagram.com/p/B-A409NBSnE/>

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Hermanidad de Sigma Iota Alpha, Inc.

- [Official Statement from ΣΙΑ](#)

Sigma Lambda Upsilon/Señoritas Latinas Unidas Sorority Inc.



Update March 11, 2020
National Updates regarding COVID-19

- **Hermana Assistance** - Hermanas who cannot afford to go home or whose permanent address is on campus, should contact their Regional Director ASAP so that we can assist with resources in the area. If you are an Hermana who can house another Hermana, please also reach out your RD so that we can compile this list.
- **Chapter Events** - All chapter events, regardless of size, are to be canceled, including those off campus. This includes regional and graduate professional events.
- **Regional Meetings** - Upcoming regional meetings will be conducted virtually. Please expect addition communication from your respective Regional Director.
- **National Leadership Institute & Neophyte Orientations** - We are currently exploring the possibility of executing this virtually and will have more information by the end of the month.


Know the facts about coronavirus disease 2019 (COVID-19)

People can help protect themselves from respiratory illness with everyday preventive actions:

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Wash your hands often with soap and water for at least 20 seconds.
- Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available


Someone who has completed quarantine or has been released from isolation does not pose a risk of infection to other people.

Diseases can make anyone sick regardless of their race or ethnicity.

 **For more information:**
www.cdc.gov/COVID19
Resource: Centers for Disease Control and Prevention

If you are sick with COVID-19 or suspect you are infected with the virus that causes COVID-19, follow the steps below to help prevent the disease from spreading to people in your home and community.

1. Stay home except to get medical care
2. Separate yourself from other people and animals in your home
3. Call ahead before visiting your doctor
4. Wear a facemask
5. Cover your coughs and sneezes
6. Avoid sharing personal household items
7. Clean your hands often
8. Clean all "high-touch" surfaces every day
9. Monitor your symptoms
10. Refer to the CDC website for the most up-to-date information

 **For more information:**
www.cdc.gov/COVID19
Resource: Centers for Disease Control and Prevention



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