



# Memo

**To:** Lambda Theta Nu Sorority, Inc. Membership  
**From:** La Mesa Directiva  
**Date:** May 29, 2020  
**Re:** Black Lives Matter Statement

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Dear Sisters,

Lambdas nationwide are hurting after the murders of George Floyd, Ahmaud Marquez Arbery, Breonna Taylor and so many others that have unfortunately come before them. Our organization stands with the Black Lives Matter movement and we want our sisters to know that we hear you, we see your pain and we stand with you in solidarity. The events that have unfolded over the past week are a reminder that equality, justice and humanity are not born in silence, but in action. We must stand side-by-side with Black voices that have been silenced by hatred, and stand against oppression of our Black communities.

We support the activism of our members in this movement. It takes both individual and collective action to effect change, so below you will find a starter list of things you can do to support the Black Lives Matter movement along with personal resources for yourself and loved ones.

## Learn

- For resources on how you can help in these situations or if you're looking for resources for yourself or loved ones, [blacklivesmatter.com](https://blacklivesmatter.com) and [showingupforracialjustice.org](https://showingupforracialjustice.org) are places to start.

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- Explore and give books for children and young adults to begin the conversation at a young age. [Coretta Scott King Book Award Winners](#), given to outstanding African American authors and illustrators of books for children and young adults that demonstrate an appreciation of African American culture and universal human values.
- Read the work of Black scholars. You can find a list of authors and reading lists in [this article](#) and the [Anti-Racism Project](#).

## Donate

- If you would like to help the Floyd family financially, an official George Floyd Memorial Fund has been set up through [GoFundMe](#).
- If you would like to help the mother and family of Ahmaud Marquez Arbery, you can [donate here](#).
- The [Minnesota Freedom Fund](#) is a nonprofit that posts bail and immigration bonds, in conjunction with the National Lawyers Guild, to combat the higher rates of arrest for people of color.
- [National Bail Out](#) is an organization you can donate to in order to help bail out protestors who may get arrested while protesting.
- Support local organizations making an impact in your communities.

## Cope

- [Mental Wellness for Black women and girls](#)
- [Treatment Directory aimed to serve people of color](#)
- [Minority Mental Health App "The Safe Place"](#)

## Advocate

- Call 612-348-5550 to contact Minneapolis County District Attorney Michael Freeman to charge all of the officers who were involved.
- This is a [petition](#) to show your support for justice for George Floyd.
- Sign this [petition](#) and this [petition](#) calling for charges for the officers involved in Breonna Taylor's death.
- If you are able to, register to vote and take the time to learn about the local candidates in your community. District Attorneys are powerful, elected officials.
- [How to Talk to Your Family About Racism](#)
- [Beyond the Hashtag: How to Take Anti-Racist Action in Your Life](#)
- Call out injustices that happen before your eyes, have those uncomfortable conversations with friends and family, and be the change you seek.

Additionally, please be mindful of the space of our Black and Afro-Latinx sisters and what they are experiencing. Although many of us have not lived the life of a Black person, this does not take away our ability to empathize and show compassion. Be a listening ear for someone who needs to vent, hear their concerns, validate their feelings, be mindful of what you post and show your allyship. We must remember to live by our ideals and be there for one another especially

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during times like these. We are all hurting in our own way, process pain differently and we all show it differently. We should all be conscious of this and be respectful.

Change doesn't happen overnight and it is a process that takes time. Be committed to the process and let us take a stand to end systemic racism and oppression against our Black community. We are glad to see the Greek community coming together to discuss how actions can become greater than our words. We all need to be open to learning ways in which we can be better advocates.

“Injustice anywhere is a threat to justice everywhere” ~ Martin Luther King Jr.

In Solidarity,  
La Mesa Directiva